

# GREEN CLEANING RECIPES

## All-Purpose Cleaning Spray

8 ounces vinegar

8 ounces water

15-20 drops of an essential oil

## Bathroom Mold

One part hydrogen peroxide

One part water

Spray on surface, wait an hour before rinsing.

## Furniture Polish

2 teaspoons olive oil

20 drops lemon oil

¼ cup vinegar

Fill rest of bottle with water

Shake well before using

### Ingredients:

Vinegar – grease cutter, good for cleaning wood and glass

Olive Oil – wood polisher

Hydrogen Peroxide – Bleaching agent and anti-bacterial

*Essential oils – handle with care – very concentrated - wear gloves. Be sure to buy the good essential oils, from stores such as Whole Foods, etc.*

Tea Tree Oil – antibacterial, antiviral, antifungal. Kills mold, mildew, and disinfects surfaces.

Lavender Oil – antiseptic, antibacterial, antifungal. Repels flies, fleas, mosquitos, and moths.

Eucalyptus Oil – anti-viral, anti-bacterial.

Lemon Oil – anti-bacterial, grease cutter. Familiar smell, associate with clean.